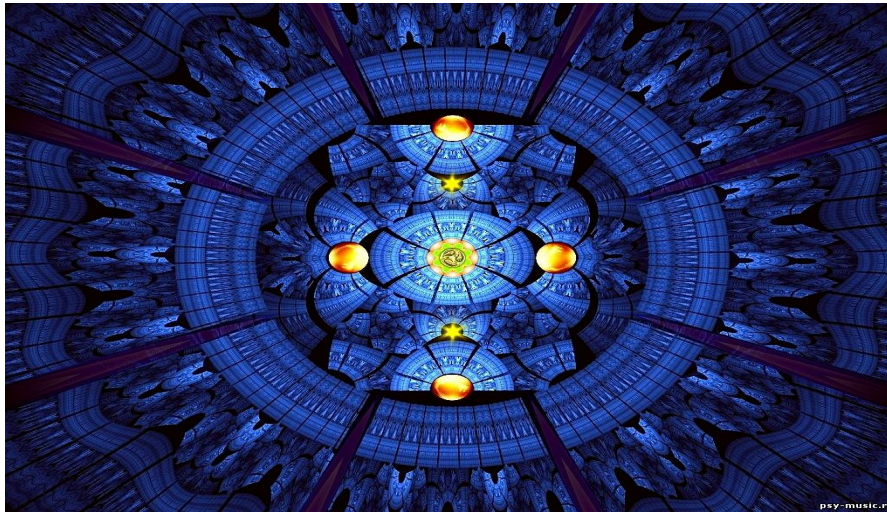


"Out of the Matrix, Part 2 - leave the grid" Monday, June 2nd at 18:00 to 19:00 GMT

We are moving to 2 parts of our exit from the Matrix. Everything is made of energy. And what it represents grid Matrix? Why does she need? What should I do to get out of the Matrix: break the grid, go through it, or something else? How to become free? After spending this meditation someone will find the answer to these and many other questions, someone will get the direction of thought, and someone able to feel FREE ...



Who wishes, can look on this mandala before meditation or at any time upon request.



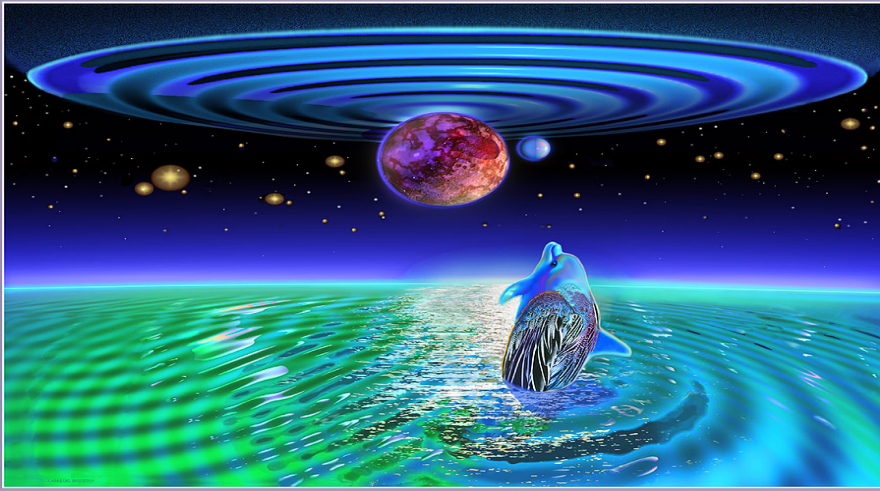
"Out of the Matrix, Part 2 - leave the grid"

So. Sit calm, quiet breathing. Relax, relax totally. Add up the palms in Gasse. Close your eyes. Connect to KR and say affirmations

"I ask the Higher Teachers, Captain X CS and all Higher Beings and all the Higher Powers to allow me to connect to the Reiki Meditation – ""Out of Matrix- leave the grid"" and help us all"

Feel the flow energy of Kundalini Reiki. After that, you can put your hands as you are comfortable or leave in mole position (Gasse).

Feel and imagine, that you are in the stream (beam, channel ...)of Pure Kundalini Reiki Energy, that descends on you from space and goes to the center of the Terra . Be in this stream of energy . Just be , be aware and watch what is happening . Passed through you this Energy yourself , let it be in you and yourself to be in it. Feel and " a see " as Reiki fills you with the brightest Energy, as Light KR fills your entire being. Become this Light , merge with it, dissolve it and then just be . Just watch what is happening. Dissolve so much, that do not to leave any thoughts, no emotions, no feelings, no sensations - nothing ,but awareness of your individuality and boundless energy of Kundalini Reiki.



Now localized attention to your meditates body . Look around, see what is around your body, above and below ... mass energy flows, rays, which are interconnected in a network ... it constrains body, preventing it from moving freely, create some limited space – grid of the Matrix. Move your attention for some time from your meditating body in a grid and you are the free-floating ... You are - the luminous flux of pure energy, you are in no way limited. Feel the freedom of meditates body from this grid, throw up ,dissolve it in a stream of pure light of Kundalini Reiki. See, how other people around you also pulled out of their matrix”s, you are hovering in a stream of pure light FREE ... Stay in this position of freedom. Enjoy it ..

Remember, you are in meditation - the observer , a witness. Watch for energy , thoughts, emotions , feelings , and do not interfere , just - Testify ! Remember that you are the one who is watching you someone who sees these your thoughts , emotions Watch the observer of your thoughts ... Just be in the moment , just exist .. In this meditation there is no past , no future, only now, there is only this moment , be in the moment , be here and now .

Allow yourself just to be...

At the end of meditation slowly proceed to the normal state of consciousness , inhale , exhale , slowly open and close your eyes a few times.

After the meditation , if you feel a lot of energy in itself - , ground or make balance Reiki



As well thank Kundalini Reiki , Higher beings and members of this meditation.

thank you all



