

## ""Freedom from the Matrix of the Gods""

Today we make very simply meditation with very deep result... First find calm place, where can get relax and feel good. Mentally or aloud, as you wish, call all the names, that you think have you, as a god/goddess. Feel each of name sound,vibration. If feel one of names IS yours and you accept him ,then repeat only this name . now you are ready to the meditation itself.



So. Sit calm,quiet breathing. Relax, relax totally. Add up the palms in Gasse. Close your eyes. Connect to Kundalini Reiki and say affirmation :

"I ask the Higher Teachers, Higher Beings and all the Higher Powers to allow me to connect to the Reiki Meditation – ""Freedom from the Matrix of the Gods "" and help us all"

Feel the flow energy of Kundalini Reiki.After that, you can put your hands as you are comfortable or leave in mole position (Gasse).

Feel and imagine, that you are in the stream ( beam, channel ... )of Pure Kundalini Reiki Energy, that descends on you from space and goes to the center of the Terra . Be in this stream of energy . Just be , be aware and watch what is happening . Passed through you this Energy yourself , let it be in you and yourself to be in it.Feel and " a see " ,as Reiki fills you with the brightest Energy, as Light KR fills your entire being. Become this Light , merge with it, dissolve it and then just be . Just watch what is happening. Dissolve so much,that do not to leave any thoughts, no emotions, no feelings, no sensations .... - nothing ,but awareness of your individuality and boundless energy of Kundalini Reiki ...

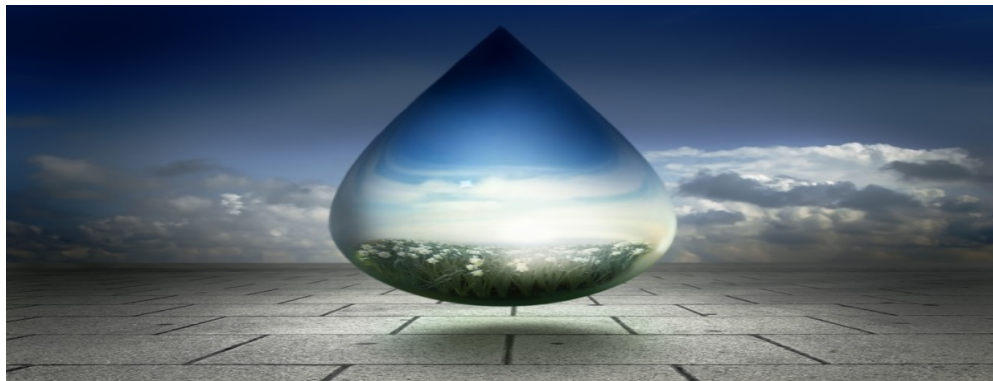
Now look around you, look at those shadows, twins, reflections of yourself .. they have a different color, sound, vibration, shape, but still connected to you and to the Matrix of the Gods. . they are names ,that you hold on in your memory,but they are NOT YOU. It's all an illusion, it's not you. You are free soul,light energy and you don't need them. Let them all go, do not keep them together, break away from them, tear off all ties, you do not need them, you are free and infinite. sense of freedom, see how they all fall into an infinite number & disappearing. around you only light energy and unconditional love. Stay in this position of freedom. Enjoy it ..

Remember, you are in meditation - the observer , a witness. Watch for energy , thoughts, emotions , feelings and do not interfere , just - Testify ! Remember, that you are the one who is watching you, someone who sees these your thoughts , emotions .... Watch the observer of your thoughts ... Just be in the moment , just exist .. In this meditation there is no past , no future, only now, there is only this moment , be in the moment , be here and now .

Allow yourself just to be...

At the end of meditation slowly proceed to the normal state of consciousness , inhale , exhale , slowly open and close your eyes a few times.

After the meditation , if you feel a lot of energy in itself - , ground or make balance KR.



**As well thank Kundalini Reiki , Higher beings and members of this meditation.**

**thank you all**

